

Executive Director Chris Clother



Quality, Compassionate Care

A note from the Executive Director~

Hello and Happy Autumn to our Madrone Hospice Community!

We certainly feel grateful for the cooler weather and the relief that has come with the recent rain. The trauma of this past summer's fires still looms in our memory, and we grieve for the many losses our county has suffered. Madrone came out of these months intact, though we endured an evacuation mandate that saw our House patients moved safely to our friends at Shasta View Medical in Weed. Through this experience, our staff pulled together with remarkable resilience and determination to ensure the utmost in quality care for our patients. It was an honor to be a part of this team through these trying times.

On the first day of Fall, we at Madrone came together as a community for the first time in nearly three years with our Garden Party. This was a chance for friends of Madrone to join in refreshments, wine, and live music. Thanks to the generous donations from our community partners, we conducted a drawing that earned over \$1200 for our Senior Services program. The hard work of our staff, volunteers, and board members made this event a wonderful success.

Thank you to everyone who has given freely of their time, money, and hard work to help Madrone stand strong. We look forward to a reverent and reflective holiday season.

Sincerely, Chris Clother



Our annual Light Up a Life ceremony has been a long-time tradition and way to remember and honor those we love and lost. This year, we are thankful to be able to hold the event live again. A recording of the event will also be available on our website. The live event will be held on

Friday, December 2nd at 5:30pm at 122 E. Miner St, Yreka

Best Western Miner's Inn Convention Center

A donation of any amount will ensure that your loved one's name will be read during the ceremony. Donors of \$50 or more will also receive a special keepsake in honor of their loved one. There is no obligation to donate, everyone is welcome to celebrate life, love and light.

Please call 530-842-3160 to find out more

Madrone Hospice's Bi-annual 2022 GARDEN PARTY

Thank you to everyone that attended our bi-annual Garden Party. Most importantly, thank you to everyone that made it happen. Our 2022 Garden Party was the first live event since the start of the pandemic and it really set the tone to gaining a sense of normalcy. We really loved to mingle with our supporters and be able to just say thank you. Community support has been vital to Madrone Hospice and we wouldn't be able to provide our services without you. Please enjoy a glimpse of the festivities.



The threat of rain did not stop the festivities. The storm blew through just in time for the party, making for perfect conditions.



Donors made some awesome raffle prizes! Making the raffle table quite the hit, earning over \$1200.00 to benefit the Senior Center.



Baylor showing his pearly whites!



The Heartisans went above and beyond making delicious hor'dourves for party guests.



The ladies from Tri Counties Bank donated and served yummy dessert that got devoured.



Employees brought their families to celebrate Hospice and the very important work they do.



Serving our community is our main focus. The night was dedicated to them and all the support they have given, keeping our organization alive.



It was a great chance for Executive Director, Chris Clother, to mix and mingle with the community.

WHOSE DEATH IS IT ANYWAY?

When a patient receives a diagnosis of a terminal, life-limiting illness, their world, and the worlds of those closest to them are turned upside down. This is unfamiliar territory. Suddenly, everything is different, and routines and expectations are forever altered. The patient and their loved ones may find themselves wondering what to do or how to proceed, worrying about what will happen in the coming weeks and months, and most importantly, asking what is the best course of care? While everyone is unique in their needs and wishes, the greatest concerns for most terminally ill patients are having their pain controlled, minimizing symptoms of their illness, and maintaining their independence for as long as possible. The patient's loved ones on the other hand, may focus on providing nourishing meals, taking care of physical and hygienic needs, and helping to keep the patient actively engaged with friends and

family members. Sometimes however, the patient's priorities and those of their loved ones do not coincide.

It is imperative that the wishes of the patient be honored during their end-of-life journey. Even if those wishes do not align with what family members feel is best, it is crucial to the patient's self-determination and independence that the patient "call the shots" so to speak. Conflicts of this nature that arise may stem from the amount of medication given to the patient, their intake of food and fluids, receiving visitors, religious and cultural practices, and allowing private time for personal reflection. Understandably, family members desire to have the patient interacting and engaging verbally with them for as long as possible. They recognize that the medications used to treat the patient's pain and anxiety interfere with their ability to connect

with their loved one, as they may cause the patient to be groggy or to sleep more than usual. But what is the priority here? The patient's desire for comfort or the loved one's desire to visit? The love family members have for each other is often expressed by providing food and nourishment. They may cook special meals and try to get the patient to eat more, especially if they observe the patient losing weight. However, symptoms of many terminal illnesses include nausea, often accompanied by vomiting. The patient may not want to eat because doing so causes them great discomfort, or they just may have no appetite. This is increasingly common as the patient approaches their final weeks of life. Even though family members want to provide this form of love, the patient may be much more comfortable forgoing food. Offering food is love. Forcing food or "guilting" the patient to eat is not. Again, what is the priority? The patient's comfort or the family's desire to express their love with food?

Based on their religious, spiritual, or cultural beliefs, the patient may ask for certain rituals to be performed at the time of their passing. These practices may include the presence of a priest or shaman, a special object, an open window, or the location or orientation of the patient at the time of their passing. Although family members might be uncomfortable with these practices, it is essential to the patient's comfort and peace of mind that

these wishes be carried out. What is the priority? The patient's peace of mind or the family's comfort level?
Patients with a terminal diagnosis have limited time on this earth and they should be allowed to spend it as they choose. They may want visitors or they may prefer to turn inward, spending time in quiet reflection and life review. Although this may be frustrating for loved ones who wish to spend every possible moment interacting with them, it is imperative that the patient be allowed as much quiet, solitary time as desired. The patient's needs and desires are always the priority and should always

come first.

Every patient has the right to make decisions about their own best course of care during their end-of-life journey. This is their life, and it will be their death. Honoring their wishes is the responsibility of the loved ones to whom their care has been entrusted. If having your end-of-life wishes known and honored is important to you, have conversations with your loved ones now to express your wishes. Complete your Advance Directive and ensure that the person designated to speak on your behalf understands your wishes and is willing to see that they are honored. At Madrone Hospice, honoring patient wishes is always our priority. For information on hospice services or Advance Directives, please call our office at 842-3160.

Memorial Donations

In recognition and appreciation of our donors and in honor of the ones they love-the following list represents donations received between <u>June 1st-August 31st</u>

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Cheryl & Ron Bernhardt

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A HUGE SHOUT OUT!

We would like to send out a huge thank you to everyone that helped and continues to help with the garden work party on the grounds here at the Hospice House. Many of the individuals helping were employees of Madrone Hospice and their families. Its heartwarming to know that no matter your relationship with Madrone Hospice, when you are impacted by hospice, it strikes a passion and you become a supporter for life. These folks saw a need, and stepped up to make this place beautiful. We are so grateful!









Light Up A Life Donation Form

Donor Name:	Phone:
Address:	
In memory of	
(Use a second sheet for additional memorials if necessary)	
Please acknowledge my gift to:	
Address:	
I would like to make a gift in the amount of:	
○\$100 ○\$75 ○\$50	○\$25
○ Credit Card (please call) ○ Money Order ○ Check (payable to Madrone Hospice, Inc)	

Return Donation Information To:

Madrone Hospice, Inc.- 255 Collier Circle Yreka, CA 96097 530-842-3160



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