

MADRONE HOSPICE, INC.

Quality, Compassionate Care



January-March 2023

A note from the Executive Director~

Hello and a happy 2023 to our Madrone Hospice Community!

We hope that you had a festive and light-filled holiday season. At Madrone, we have had cause for gratitude as the work we do has been validated in notable ways.

We were tremendously grateful to be able to hold our Light Up a Life fundraiser and ceremony in-person in early December. This simple but profound event is an opportunity to gather and collectively memorialize those we have loved and lost by reading their names aloud. The pandemic saw our events in both 2020 and 2021 happen remotely, but for 2022, we were able to come back together as a unified group. The response to this event was profound – we were given over 500 names to read, and we received record-setting donations adding up to \$28,147 total. The ceremony was beautifully filmed by Siskiyou Media and can be viewed on our website.

We are also thrilled to say that our Senior Services meals program has been able to expand its reach thanks to additional funding from PSA2. We are now delivering meals as far as Montague, Grenada and Fort Jones, and we are finally able to reintroduce congregate lunches for seniors at Yreka's Community Center. These efforts will go a long way to combat food insecurity and social isolation in our county's senior community.

We are so grateful to you all for your involvement in our cause and for your continual support - here's to a blessed New Year!

Sincerely, Chris Clother



Executive Director
Chris Clother





ART AUCTION 2023

One of the highlights of the year in Siskiyou County is Madrone Hospice's annual Art Auction. The event has been supporting and inspiring local artists for more than 34 years. We are excited to finally be able to hold this event safely, as it is truly an exhilarating event that benefits Madrone Hospice's mission of providing quality compassionate care to patients and their families at the Hospice House.

The evening will be filled with fine dining, impressive-unique artwork, live music and best of all-great company. We have all the art ready from 2020, we just need you.

Doors will open at 5:00pm with the Champagne Art Preview and opening of the silent auction. We will have a catered dinner that will commence at 6:00pm, followed with the live auction at 7:00pm.

Tickets will be \$35 each and will be available on February 1st at Madrone Hospice Administration Office, The Hospice Shop, Natures Kitchen.

New Location:
Yreka Community Center
810 N. Oregon St.
Yreka, CA 96097

Date:
March 17th, 2023

Time:
5:00 pm

Light Up a Life 2022

CELEBRATING LIFE, LOVE & LIGHT

We would like to thank everyone involved in this year's **Light Up a Life** event. Madrone Hospice has been hosting this special ceremony since the start of our organization in 1984. While it seems like such a simple act, the lighting of candles and reading of names, it can be a truly powerful experience. It can represent hope, honor, unity, remembrance, and provide sense of comfort. It can remind us that the light and memories of our loved ones are never lost but will be with us always, illuminating the darkness.

We hope you enjoyed **Madrone Hospice's Light Up a Life 2022**, and appreciate everyone that attended and supported the event. We were so grateful to hold the event live and were also able to capture the event on video with the help of Siskiyou Media Council. You can now view the event on our website by visiting

WWW.MADRONEHOSPICE.ORG





Light UP A & Memorial Life Donations

In recognition and appreciation of our donors and in honor of the ones they love - the following list represents donations received between September 1st - December 15th

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Or call us at 530-842-3160



Getting Started With Palliative Care

What is Palliative Care?

Palliative Care is specialized medical care for people living with a serious illness. This type of care is focused on providing relief from the symptoms and stress of the illness. The goal is to improve quality of life for both the patient and the family.

Palliative care is provided by a specially-trained team of doctors, nurses and other specialists who work together with a patient's other doctors to provide an extra layer of support. Palliative care is based on the needs of the patient, not on the patient's prognosis. It is appropriate at any age and at any stage in a serious illness, and it can be provided along with curative treatment.

Improves Quality of Life

Palliative care teams focus on quality of life. They treat people suffering from the symptoms and stress of serious illnesses such as cancer, congestive heart failure, COPD, kidney disease, Alzheimer's and Dementia, Parkinson's, and many more.

Relieves Suffering From Symptoms and Stress

The goal of palliative care is to relieve suffering and provide the best possible quality of life for patients and their families, as well as their caregivers. Symptoms may include pain, depression, shortness of breath, fatigue, constipation, nausea, loss of appetite, difficulty sleeping, and anxiety. The team will help you gain the strength to carry on with daily life. In short, palliative care will help improve your quality of life.

Recent studies, including one published in the New England Journal of Medicine, have shown that patients with a serious illness who received palliative care lived longer than those who did not receive this care.

Helps You Match Treatment Options to Your Goals

The palliative care team also spends the time it takes to help you match your treatment choices to your goals. They will also make sure that all of your doctors know and understand what you want. This gives you more control over your care and will improve your quality of life.

Works Together with Your Other Doctors

Palliative care teams are specialists who work together with you, your family and your other doctors. They provide an extra layer of support when you need it most. In addition to treating your symptoms and stress and supporting you and your family, the palliative care team communicates with all of your doctors so that everyone is on the same page. They support you every step of the way.

How to Get Palliative Care

If you or a loved one is facing a serious illness, you may benefit from palliative care. You can have palliative care at any point in your illness. Search for a Palliative Care Provider near you.

Reprinted and sited from GetPalliativeCare.org
<https://getpalliativecare.org/whatis/>



Call Madrone Hospice today, to see if you or your loved one qualifies for our Palliative Care Program at 530-842-3160.

Attention Seniors
60+ & Caregivers

HOME-DELIVERED MEALS AVAILABLE

Now serving the areas of:

- Montague
- Grenada
- Fort Jones

To provide meals to our most vulnerable, Madrone Senior Services is expanding the Home-Delivered Meals Program. They are now offering meals delivered to Montague, Grenada, and Fort Jones. Eligible participants will receive one hot meal and four frozen meals once a week.

Madrone Senior Services also provides meals at the Yreka Community Center for those 60+.

Meals are available Monday-Friday from 12:00pm to 12:45pm. An opening plan to have the seniors come back into the center has been approved and the Senior Center will be open to congregate meals on Tuesdays, Wednesdays and Fridays as a soft opening. With the center being closed since March of 2020, our staff are excited to finally have our participants back.

If you would like to benefit from our Home-Delivered Meal Program, individuals 60+ or their caregivers can call to complete an intake form over the phone.

TO LEARN MORE OR TO DETERMINE ELIGIBILITY, CALL US TODAY!

 **530-841-2365**

810 N. Oregon St., Yreka



••••• 2022 Facts & Figures

Total Patients Served
180

Total Volunteer Hours
13,933

Total Senior Meals Served
37,988

Hospice Shop & Heartisan Boutique Revenue
\$205,881

Total Donations including Light Up a Life
\$102,354

Madrone Hospice, Inc. is compelled to provide bereavement care to everyone in the community who may need it.

Debbie Maxine, Licensed Marriage and Family Therapist, will be providing both group and individual counseling sessions. Debbie has been providing grief counseling for the past 12 years and is here to support each client in their unique healing journey.

Grief support group sessions will meet each Monday from 12:00 -1:30 pm

Grief Counseling will take place at Madrone Hospice House.

Please call (530)842-3160 to find out more.





MADRONE HOSPICE
255 COLLIER CIRCLE
YREKA, CA 96097

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~ Quality, Compassionate Care ~