

MADRONE HOSPICE, INC.

Quality, Compassionate Care

• • • • April-June 2021





Executive Director

**Lauri Hunner and
Therapy Dog, Trenton**



A letter from the Executive Director

Greetings,

We are honoring our volunteers during the month of April and in this issue of our newsletter. As I reported in our last newsletter, our volunteers donated 9,856 hours of their time over the past year! Our volunteers are an integral part of our ability to provide essential services to the community. They have helped to keep the Hospice Shop and the Heartisans Boutique open and efficiently functioning. Our patient volunteers have continued to provide respite, care and comfort for our patients and families.

I greatly appreciate our volunteers and look forward to the time when we can return to our Volunteer Recognition Luncheon so that I may acknowledge each of you in person!

Thank you all, very much for helping Madrone Hospice continue to provide quality, compassionate care to our community.

Stay Safe and Stay Well,

Blessings,

~Lauri



Volunteer Month

April is a special month at Madrone Hospice because it is National Volunteer Appreciation Month. Each year, individuals and organizations across the nation recognize the power of volunteers and celebrate the profound impact volunteers have in our communities, and encourage even more people to start volunteering. Hospice care in the U.S. was solely founded by volunteers and there is a continued need for their commitment today. Madrone Hospice volunteers are members of a dedicated group of loyal and sensitive individuals who give of themselves to help ensure the mission of hospice care. Each volunteer brings something special to Madrone Hospice to help fulfill our many projects—whether it is being present or lending a listening ear to a dying patient, providing an hour of relief for a family, cleaning donated items, running the registers at the shops; whether it be by creating handmade items for the Boutique, helping to deliver meals; whether with a vote, a voice, or a wallet—doing good comes in many forms, and we recognize and celebrate them all.

Today as people strive to lead lives that reflect their values, the expression of civic life has evolved. As Ghandi once said, “The best way to find yourself is to lose yourself in the service of others.” It is in that spirit that we celebrate the service of our volunteers during the month of April, and everyday.

We at Madrone Hospice would like to extend our utmost appreciation to all of our wonderful volunteers for their unending compassion and unwavering dedication to not only this hospice but the community we serve!! If you are interested in becoming a volunteer, please contact Diana at 530-842-3160.



Kindness

Kindness



Giving

Giving

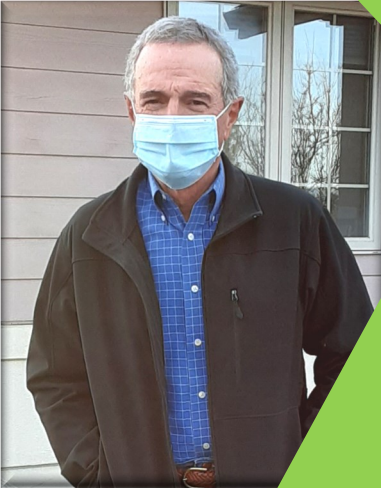


Selfless





Love



*Meet some of Our
2021
Volunteers*

Memorial Donations

In recognition and appreciation of our donors and in honor of the ones they love-the following list represents donations received between December 16th-March 15th

Charles Albino

Trudi & Mike Haggerty

Edna Albino

Trudi & Mike Haggerty

Gary P Allen

Charlene & Robin Broce

Calvin H Baker

Carolyn Fouts

Micki Barbara

Denise Ford

Benkosky Family

Arthur Gerds

Joe Bowen

Carol Brower

Mary Bridwell

Trudi & Mike Haggerty

Mary Ellen Bryan

Pat Hardig & Ron Black

Ralph & Alvera Blanchard

Geraldine Cramer

Trish Cummings

Jim & Charlene Eckman

Mary Ellen Bryan

Jim & Judy Finses

Harriet Houston

Jean Krueger

Pam Piemme

David & Betsy Shuteroff

Esther & Bill Tournay

Ron & Judi Washington

Marcia Buchanan

Doug Buchanan

Connie Byrne

Wilma Meek

Adeline Cardoza

Rick & Linda Chitwood

Ervin & Doris Franklin

Marsha Pitkin

Jim Carrier

Albert & Dorothy Newton

Pat & Torchy Carter

Trudi & Mike Haggerty

Stan Choate

Tana & Ralph Gliatto

Vera Clements

Ron & Judi Washington

Janet Clifford

Candy & Don Janssen

Doreen Coleman

Harriet Houston

Greg Colt

Les & Gloria Bagley

Charlene & Robin Broce

Charlotte Burgess

Karen & Chuck Burgess

Denali & Paul Casimiro

Michael & Gail Colt

John & Sheila Dickson

JoAnn & Randy Eastlick

Bill & Darilyn Ehlen

Judy Foster

Julie Gaines

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Karen Hougham

Jane Hume

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Susan & Mike Malone

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Rita Fiock
David Franklin
Norman & Pat Cooley
Hilda Freeman
Ken Goehring
Gerds Family
Arthur Gerds
Curt Gibbel
Julia Enstrom
Dee Goodenough
Duncan Barr
Jim & Kathy Kutzer
Albert & Dorothy Newton

Everette Greenley
Mike & Vicki Herd
Richard Hale
Jim & Dawn Marie Taylor
Paul Hitchcock
Ann Burton
John Jackson
Carol Brower
Norman & Pat Cooley
Albert & Dorothy Newton
Clancy Johnson
John & Sheila Dickson
Albert & Dorothy Newton
Jim Jones
Charlene & Robin Broce
Rosalie Jorgensen
Esther Conklin
Audrey DeAvilla
Sharon DeAvilla-Stone
Rita Fiock
Arthur Gerds
Harriet Houston

Rosalie Jorgensen
Bob Jorgensen
Dennis & Deborah Jorgensen
Marino & Nola Rizzardo
Larry & Frances Stidham
Mark Kelso
Seth Lukes
Donald 'Pete' King
John Hasemeyer
Bernadine Langford
Carol Brower
Harold Leal
Charlotte Burgess
Ruth Leal
Allison & Steve Leal
Dr Roger & Bette Lukes
Seth Lukes
Louis & Calla Lukes
Seth Lukes
Marty Allen Lukes
Seth Lukes
Mendes Family
Arthur Gerds

Jack Morgan
Christopher Brower
Mary Frances Morton
Mary Cummins
Harriet Houston
Jim Mower
Ted & Elaine Peters
Annie Murdock
Willard & Jerrie Bullerwell
Patsy Obrikat
Gamma Omicron Master
Sylvia O'Connor
Carol Brower
Steven Peck
Ann Burton
Nancy Pitts
Donna Bozworth
Louis Rizzardo
Connie Robinson

Memorial Donations

In recognition and appreciation of our donors and in honor of the ones they love-the following list represents donations received between **December 16th-March 15th**

Vera Rizzardo

Jan & Gary Anderson

Charlene & Robin Broce

Ann Burton

Dorothy Crechriou

Mary Cummins

Shirley Fisher

Tana & Ralph Gliatto

Donna & Pat Griffin

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Steve & Kyla Burton

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Doug Buchanan

Elaine Skillen

Audrey DeAvilla

Charlene McConnell

Clair Smith

Jim & Kathy Kutzer

Fritz, Linda, Sadie &

Hannah Mason

Kelly, Michael & Jon Meiners

Albert & Dorothy Newton

Joe Smith

Larry & Frances Stidham

Diane Soder

Carol Brower

Tana & Ralph Gliatto

David & Betsy Shuteroff

Ron & Judi Washington

Orlo & Fran Steele

Seth Lukes

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Mark Powers & Bonnie Sylva

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Ruth Leal

Myrna Thomas

Esther Conklin

Luci Thompson

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Mary Tucker

Donna Bozworth

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Diane M Crites

Verandas Family

Arthur Gerds

Vieira Family

Arthur Gerds

Inge & Ernst Weinberg

Leah Weinberg

Kelly Whitman

Bill Whitman

Individual Donations

Callahan Community Church

David & Kaye Caulkins

Mike & Patt Celayeta

Paula Cook

Marilynn Costello

Loree Dieckmann

frontstream

Robert Hunner

Lois & Roy Kliebe

James Lesko & Stephen Gliatto

Thomas Linville

Jim McNeill

Network for Good

Richard A Salus

Roslyn Squair

United Way California
Capital Region

Greater Douglas United Way
Employee Match

Betsy Wessler

Luke Wilson

Myna & David Wilson

Shirley Workentine

*Thank
you*

BENEFITS OF RESPITE CARE


for our hospice patients' families & caregivers

All too often, the health and well-being of at-home caregivers is placed in serious jeopardy as a result of the stressful circumstances they face every day. Caring for a loved one at home can be rewarding, yet it can be a highly demanding responsibility, and no one is equipped to do it without some help. Just like the loved ones they care for, caregivers also need support and attention to maintain their own health and well-being. Respite care provides caregivers and families with the opportunity for a temporary rest from their caregiving duties. This can be a time to relieve their stress, renew their energy and restore a sense of balance in their lives.

At Madrone Hospice, we understand the difficulties that can arise when caring for a loved one, especially at the end-of-life, when round-the-clock care is needed. We provide respite to **our patients'** families at no cost. We give loved ones the time they need to 'recharge their batteries' so they can continue to provide the best care for their loved ones. Utilizing respite care before you become exhausted, or overwhelmed, can be invaluable to everyone concerned. Respite care also offers the comfort and peace of mind knowing that your loved ones is spending time with other caring individuals in a safe, comfortable place.

There are many valuable benefits that respite care provides. These include:

1. **Renewal and Relaxation** – Taking a walk, strolling leisurely through the mall, visiting a museum or doing whatever brings joy can calm you, decrease your heart rate and improve your mood.

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2. **Energy** – To be effective in your busy life, you must take time to re-energize. Even an automobile won't run on empty.
 3. **Space** – Getting away from the caregiving situation for even just a few hours can help you relax and bring a renewed sense of purpose.
 4. **Pleasure** – As a caregiver, you must remember that you have the right to enjoy life. You have no reason to feel guilty. Do things that give you pleasure.
 5. **Identity** – You must be purposeful in maintaining your sense of self. YOU are important, too!
 6. **Perspective** – Time away from caregiving allows you to see more clearly and keep things in proper perspective. You might even think of better ways of doing things and other resources you can tap into.
 7. **Engagement** – Social isolation can be a huge problem for caregivers. It's important to take time to engage with your friends and family by sharing lunch, taking a shopping trip or doing whatever gives you personal enjoyment.

You Deserve a Break!

Unless you are Wonder Woman or Superman, it is important to remember that *you can't do it all*. Be realistic — for your sake and your loved one's. Seeking help is the responsible thing to do. Respite care can provide you with a feeling of revitalization and refreshment that can keep you whole – physically and mentally – and enable you to be a better spouse, parent, caregiver and person.

End-of-life patients receiving **hospice** services are eligible for “**respite care**”, defined and covered by the Medicare hospice benefit. If you are not receiving hospice services, it still may be a good idea to look for other ways to get a break.



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~ Quality, Compassionate Care ~